

	Monday	Tuesday	Wednesday	Thursday	Friday
OPTION 1	Chilli Nacho Bake	Vegan Margherita Pizza & Wedges	Vegan Sausage Casserole	Vegan Bolognaise Pasta	Cauliflower & Chickpea Bhaji & Chips
OPTION 2	Vegetable Stir Fry Rice	Traditional Creamy Beef Lasagne	Roast Gammon & Gravy	Sweet & Sour Chicken & Rice	MSC Approved Fish Fingers & Chips
VEGGIES	Carrots & Peas	Broccoli	Roasted Carrots & Parsnips	Peas	Beans
PASTA	Tomato, Vegetable & Basil Pasta	Tomato, Vegetable & Basil Pasta	Tomato, Vegetable & Basil Pasta	Tomato, Vegetable & Basil Pasta	Tomato, Vegetable & Basil Pasta
AVAILABLE EVERY DAY	Our crunchy colourful salad and jacket potatoes with vegan cheese, beans, vegan cheese & beans or tuna with vegan mayo				
SWEET TREATS	Lemon Shortbread	Chocolate Banana Cake	Orange Jelly & Mandarins	Apple Sponge	Vegan Chocolate Brownie

MAIN MEAL

OPTION 1

OPTION 2

VEGGIES

PASTA

SWEET TREATS

KEY

Nutritionist's Choice

Vegetarian Vegan



Monday **Tuesday** **Wednesday** **Thursday** **Friday**

MAIN MEAL

OPTION 1

OPTION 2

VEGGIES

PASTA

SWEET TREATS

Vegan Margherita Pizza & Wedges	Vegan Sausage with Mashed Potatoes & Gravy	Vegan Cottage Pie	Vegan Cheesy Cauliflower Pasta Bake	Vegan Sausage & Chips
MSC Approved Salmon & Tomato Pasta Bake	Pork Sausage, Mashed Potatoes & Gravy	Roast Turkey with Roast Potatoes & Gravy	Mild Caribbean Chicken Curry & Carrot Rice	MSC Approved Fish & Chips
Peas	Carrot & Peas	Broccoli & Cauliflower	Carrot & Mixed Salad	Baked Beans
Tomato, Vegetable & Basil Pasta	Tomato, Vegetable & Basil Pasta	Tomato, Vegetable & Basil Pasta	Tomato, Vegetable & Basil Pasta	Tomato, Vegetable & Basil Pasta

AVAILABLE EVERY DAY Our crunchy colourful salad and jacket potatoes with vegan cheese, beans, vegan cheese & beans or tuna with vegan mayo

Chocolate Shortbread	Apple Sponge	Vegan Chocolate Brownie	Raspberry Jelly & Mandarins	Chocolate Banana Cake
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KEY Nutritionist's Choice

Vegetarian Vegan

Monday **Tuesday** **Wednesday** **Thursday** **Friday**

MAIN MEAL

OPTION 1

OPTION 2

VEGGIES

PASTA

SWEET TREATS

Mild Plant Based Chilli & Wedges	Vegan Bolognaise Pasta	Vegan Sausage Roast	Baked Mac 'N' Cheese	Cheese & Tomato Pizza & Chips
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Mild Beef Chilli	Beef Bolognaise & Pasta	Roast Chicken & Gravy	Creamy Chicken Curry & Carrot Rice	MSC Approved Fish Fingers & Chips
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Peas & Carrots	Sweetcorn	Broccoli & Peas	Carrot & Mixed Salad	Beans
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Tomato, Vegetable & Basil Pasta	Tomato, Vegetable & Basil Pasta	Tomato, Vegetable & Basil Pasta	Tomato, Vegetable & Basil Pasta	Tomato, Vegetable & Basil Pasta
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AVAILABLE EVERY DAY Our crunchy colourful salad and jacket potatoes with vegan cheese, beans, vegan cheese & beans or tuna with vegan mayo

Lemon Shortbread	Chocolate Beetroot Cake	Orange Jelly & Mandarins	Vegan Chocolate Brownie	Chocolate Shortbread
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KEY Nutritionist's Choice

Vegetarian Vegan