

Coronavirus Information for Parents/Carers (September 2020)

For general advice about COVID-19, contact your 0-19 Health Visiting & School Nursing Service on: **0300 555 0606** or: ccs.beds.childrens.spa@nhs.net

Young person, or someone in your household, develops symptoms of COVID-19 (new continuous cough and/or high temperature and/or a loss of, or change in normal sense of taste or smell (anosmia).

If your child is at home, **do not send them to their education setting**. Inform the setting through absence reporting.

If your child develops symptoms at their education setting, they will be separated from others and **sent home**.

If your child, or anyone in your household, has symptoms they must isolate at home for **10 days (from date of onset of symptoms)**. If your child does not have symptoms but someone in the household does, your child and all other household members without symptoms must isolate at home for **14 days**.

Book a test as soon as possible for anyone in your household with symptoms. This can be done online at: www.nhs.uk/coronavirus. Alternatively a test can be ordered by phone on **NHS 119** for those without the internet.

Your closest test location will be offered when you book. If you don't drive, do not get a taxi or public transport to the test centre, you can request a home test kit.

Result of test (you will receive this by email or text message).
Inform setting of result as soon as possible.

Negative

Young person/staff member can return to setting once well.

Positive

Inform setting of positive test result through absence reporting.

Ensure child/ household member completes remainder of **10 day isolation period (from date of onset of symptoms)**. Household members without symptoms should complete 14 day isolation.

NHS Test and Trace Service will send you a text, email alert, or call you with instructions on how to share details of people with whom you have had close, recent contact and places you have visited.

If your child is identified as having been **in close contact with a confirmed case**, they may need to self-isolate for **14 days**. If they develop symptoms, they should isolate for **10 days from onset of symptoms, and arrange to be tested**.

For medical advice call NHS 111, or in an emergency call 999

If a child is a confirmed case they can return to school after **10 days**. However if they still have a temperature, diarrhoea or are being sick they should wait a further **48 hours** after these symptoms stop. If a household member is a confirmed case, but child does not develop symptoms, they can return to setting only after completing the **14 days household isolation period**.